



Orthotics

Foot pain is not normal and should not be ignored; foot problems can affect the functioning of other parts of the body, including the hips, knees, and back. It is no wonder this complex structure of 26 bones and their corresponding joints takes at least a million steps a year. Walking puts up to 1.5 times one's body weight on the foot, and humans walk an average of 1,000 miles per year. Orthotics have become an important part in allowing professional and recreational athletes maintain their foot function, improve their athletic performance, and help control extreme wear and tear on their feet.

Most people who want to remain active would benefit from some type of orthotic support. A well- made orthotic will help hold your foot in its proper anatomic, "neutral" position. When your foot is in its proper anatomic position, the mechanical stress on your feet as well as your ankles, knees, hips and back and be dramatically reduced.

Orthotics may help prevent the need for surgery and may often help prevent recurrence of deformity after surgery is performed. Orthotics can be prefabricated (such as the Dr. Scholl's or off the shelf products) or custom molded. The prefabricated device gives added shock absorption but fails to control excessive motion and breaks down rather quickly. They are cheaper but tend to lose their benefit within 2 to 3 months versus custom orthotics that can last up to 5 years. Custom molded orthotics are made specifically for each individual patient's foot.

Our doctors use only the most advanced methods and materials to make our orthotics

Orthotics are prescribed to:

- Relieve pain
- Reduce mechanical stress to feet and ankles
- Relieve pressure to bony prominences and calluses of the foot
- Provide support
- Accommodate foot deformity and help prevent progression of deformity
- Improve the overall biomechanical function of the foot and lower extremity

MOST INSURANCE DO NOT COVER THE COST OF ORTHOTICS. Once the custom orthotic devices are made, **NO REFUNDS** can be made to the insurance or the patient

Orthotic Cost \$400 (Reduced cost with insurance contracts)

(P) 517-879-4241
(F) 517-879-4240
JacksonFootAnkle.com

Patient Orthotic/ DME Verification Form

Name: _____ DOB: _____.

OFFICE NPI- 1447684972

Dr. Martins NPI- 1124344478

1. The code for orthotics/ DME is: L3000 / L4397/ A5500/A5513
2. Your diagnosis is:

M72.2 Plantar Fasciitis	G57.62 Neuroma
M25.30 Instability foot/ankle	M20.40 Hammertoe
M25.50 Joint Pain	M79.2 Neuritis
M66.3 Calcaneal spur	M76.829 Tendonitis
M77.40 Metatarsalgia	M20.10 Bunion
M61.9 Bursitis	M77.9 Capsulitis
M76.829 PTTD	M19.079 Arthritis
M21.70 Leg limb discrepancy	Q66.89 Foot deformity

Diagnosis:

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3. Inform your insurance company that your orthotic or device will be dispensed at a podiatry office and also give them the office NPI

Insurance Company: _____ Date Insurance called: _____

Phone #: _____ Persons Name @ Ins. Co. _____

Notes:

*Please remember to ask your insurance carrier what your DME deductible is.

Deductible: \$ _____ How much is met?: \$ _____

Reference # / confirmation # _____

Bring this form to your appointment for measurements or fax to: 517-879-4240

I HAVE RECEIVED A COPY OF THE Dr. Martins Foot and Ankle ORTHOTIC POLICY AND AGREE TO THE TERMS CONTAINED THEREIN. Please remember, if for any reason your plan does not pay for your orthotics or the cost is applied to a deductible and/or copay, you will be personally responsible for any and all balances

PRINT NAME _____

SIGNATURE _____